

ADULT MIRACLE MASK

Materials

- 100% cotton fabric with a printed pattern
- 1/8" elastic banding
- Thread, a color that will blend into pattern

Mask Directions

1. Cut out (2) 8" by 8" fabric
2. Fold under and iron 1/2" good side to bad side on all sides
3. Cut (2) 8" pieces of 1/8" elastic banding
4. Stitching bad sides together, stitch the ends of one elastic piece on side edges at the top and the bottom, forming a loop.
**Be sure to backstitch over the elastic ends!*
5. Top stitch, 1/4" all around square

To form the pleats:

1. Measure and Mark from the top 2", 4", and 6" on each side
2. Starting from the top, fold and iron across the 2" line. Then move the folded line up 1/2". Repeat two more times
3. Stitch over side, top stitching, to hold the pleats.
4. *From top to bottom, folded, the mask should be about 3"



1/2 inch seam allowance

1/2 inch Pleat

ADULT MASK
8" X 8"

1/2 inch Pleat



Miracle
Masks
miraclemasks.org

1/2 inch seam allowance

CHILD MIRACLE MASK

Materials

- 100% cotton fabric with a printed pattern
- 1/8" elastic banding
- Thread, a color that will blend into pattern

Mask Directions

1. Cut out (2) 7" by 7" fabric
2. Fold under and iron 1/2" good side to bad side on all sides
3. Cut (2) 8" pieces of 1/8" elastic banding
4. Stitching bad sides together, stitch the ends of one elastic piece on side edges at the top and the bottom, forming a loop. **Be sure to backstitch over the elastic ends!*
5. Top stitch, 1/4" all around square

To form the pleats:

1. Measure and Mark from the top 2", 3.5", and 5" on each side
2. Starting from the top, fold and iron across the 2" line. Then move the folded line up 1/2". Repeat two more times
3. Stitch over side, top stitching, to hold the pleats.
4. *From top to bottom, folded, the mask should be about 2 1/2"

